



書名：群山覽翠 (Central Ridge and West)

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簡介：

內容從郊野公園歷史開始，再伸延至香港地質及地貌的歷史、人文及自然歷史，再帶出如何以植樹造林改造劣質地貌，及提供遠足路徑和康樂設施。 It starts from history of the country parks and Hong Kong's geology and landforms. It brings out how the reforestation helps to recover the badland. It also introduces some hiking trails and recreation facilities to the public.